

Name:

Date:

Energy Transformation Evaluation

- 1) What is an example of mechanical energy?
 - a. Digesting food
 - b. Riding a bike
 - c. Plant creating food using sunlight
 - d. Heating an iron block

- 2) What are the energy transformations involved in **turning on a flashlight?**

- 3) Scientists say that “energy cannot be created or destroyed.” What does this mean to you?